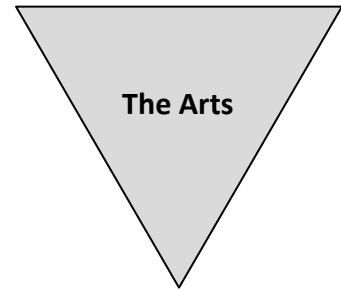


**FIELDS OF STUDY**

# Exploring Majors in...



**College of Arts and Sciences**

- African-American & African Studies
- Ancient History & Classics
- Anthropology
- Art
  - Art & Technology, Ceramics, Glass, Painting & Drawing, Photography, Printmaking, Sculpture
- Art Education
- Arts Management
- Comparative Studies
- Computer & Information Science
- Dance
- English
- Film Studies
- History of Art
- Industrial Design
- Interior Space Design
- International Studies
- Islamic Studies
- Jewish Studies
- Medieval & Renaissance Studies
- Music
  - Jazz Studies, Composition, History, Theory, Performance (Orchestral, Voice, Piano)
- Music Education
- Religious Studies
- Theatre

Visual Communication Design

**College of Education and Human Ecology**

Fashion & Retail Studies

**College of Engineering**

- Aeronautical & Astronautical Engineering
- Civil Engineering
- Computer Science Engineering
- Food, Agricultural, & Biological Engineering
- Mechanical Engineering
- Welding Engineering

**School of Architecture**

- Architecture
- City & Regional Planning
- Landscape Architecture

**John Glenn School of Public Affairs**

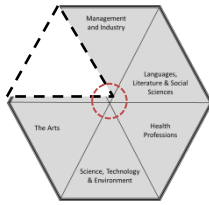
Public Affairs

**College of Food, Agricultural and Environmental Sciences**

- Culinary Science
- Food Science
- Sustainable Plant Systems

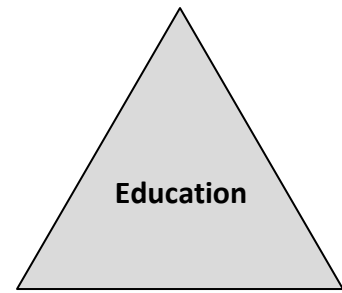
**School of Environment and Natural Resources**

Natural Resource Management



## FIELDS OF STUDY

# Exploring Majors in...



### College of Arts and Sciences

African-American & African Studies  
 Ancient History & Classics  
 Arabic  
 Art Education  
 Biology  
 Chemistry  
 Chinese  
 Communication  
 English  
 French  
 German  
 Hebrew  
 History  
 History of Art  
 International Studies  
 Italian  
 Japanese  
 Korean  
 Modern Greek  
 Philosophy  
 Physics  
 Portuguese  
 Psychology  
 Romance Studies  
 Russian  
 Sexuality Studies  
 Spanish  
 Speech & Hearing Science  
 Theatre

### Fisher College of Business

Human Resources

### College of Education and Human Ecology

Early and Middle Childhood Studies  
 Consumer and Family Financial Services  
 Health Promotion, Nutrition and Exercise Science  
 Human Nutrition Dietetics  
 Human Development and Family Science  
 Early Childhood Education  
 Foreign Language Education  
 Integrated Language Arts Education  
 Middle Childhood Education  
 Physical Education  
 Science and Mathematics Education  
 Special Education  
 Technical Education  
 Teaching English to Speakers of Other Languages

### College of Public Health

Public Health

### John Glenn School of Public Affairs

Public Affairs

### College of Food, Agricultural and Environmental Sciences

Agricultural Communications  
 Agriscience Education  
 Community Leadership

### School of Environment and Natural Resources

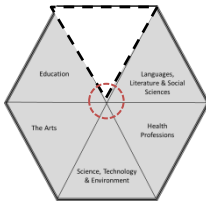
Environment, Economy, Development, and Sustainability  
 Environmental Policy and Decision Making  
 Natural Resource Management

### College of Social Work

Social Work

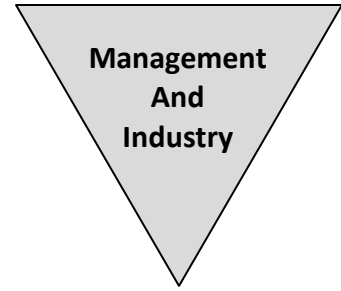
### School of Health and Rehabilitation Sciences

Athletic Training  
 Medical Dietetics



**FIELDS OF STUDY**

**Exploring  
Majors in...**



**College of Arts and Sciences**

Actuarial Science  
 Arabic  
 Art  
 Arts Management  
 Chinese  
 Classics  
 Communication  
 Computer Information Science  
 Criminology & Criminal Justice Studies  
 Economics  
 English  
 Film Studies  
 French  
 Geography  
 German  
 Hebrew  
 International Studies  
 Italian  
 Japanese  
 Journalism  
 Korean  
 Linguistics  
 Political Science  
 Portuguese  
 Psychology  
 Russian  
 Sexuality Studies  
 Social Sciences Air Transportation  
 Sociology  
 Spanish  
 Speech & Hearing Science  
 Theatre

**Fisher College of Business**

Accounting  
 Economics  
 Finance  
 Human Resources  
 Info Systems  
 Insurance  
 International Business  
 Logistics  
 Marketing  
 Operations Management  
 Real Estate

**College of Education and Human Ecology**

Consumer and Family Financial Services  
 Fashion Retail Studies  
 Hospitality Management  
 Nutrition in Industry  
 Sports Industry

**College of Public Health**

Public Health

**John Glenn School of Public Affairs**

Public Affairs

**College of Social Work**

Social Work

**School of Architecture**

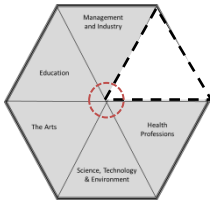
City and Regional Planning

**College of Food, Agricultural and Environmental Sciences**

Agribusiness and Applied Economics  
 Agricultural Communications  
 Agricultural System Management  
 Animal Sciences  
 Community Leadership  
 Construction Systems Management  
 Food Business Management  
 Plant Health Management  
 Professional Golf Management

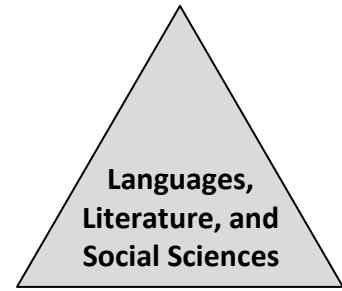
**School of Environment and Natural Resources**

Environment, Economy, Development, and Sustainability  
 Environmental Policy and Decision Making  
 Forestry, Fisheries and Wildlife  
 Natural Resource Management



## FIELDS OF STUDY

# Exploring Majors in...



### College of Arts and Sciences

African-American & African Studies  
 Ancient History & Classics  
 Arabic  
 Chinese  
 Classics  
 Communication  
 Comparative Studies  
 Criminology & Criminal Justice Studies  
 Economics  
 English  
 Film Studies  
 French  
 Geography  
 German  
 Hebrew  
 History  
 History of Art  
 International Studies  
 Islamic Studies  
 Italian  
 Japanese  
 Jewish Studies  
 Journalism  
 Korean  
 Linguistics  
 Medieval & Renaissance Studies  
 Modern Greek  
 Philosophy  
 Political Science  
 Portuguese  
 Psychology  
 Religious Studies

Romance Studies  
 Russian  
 Sexuality Studies  
 Social Sciences Air Transportation  
 Sociology  
 Spanish  
 Speech & Hearing Science  
 Theatre  
 Women's Gender and Sexuality Studies  
 World Literatures

### Fisher College of Business

Economics  
 Human Resources  
 International Business

### College of Education and Human Ecology

Early and Middle Childhood Studies  
 Human Development and Family Science  
 Sports Industry

### College of Public Health

Public Health

### John Glenn School of Public Affairs

Public Affairs

### College of Food, Agricultural and Environmental Sciences

Agricultural Communications  
 Community Leadership

### School of Environment and Natural Resources

Environment, Economy, Development, and Sustainability  
 Environmental Policy and Decision Making

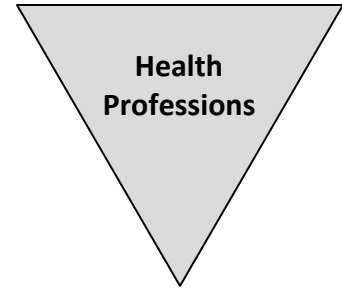
### College of Social Work

Social Work



**FIELDS OF STUDY**

# Exploring Majors in...



**College of Arts and Sciences**

Anthropology  
 Anthropologic Sciences  
 Biochemistry  
 Biology  
 Chemistry  
 Communication  
 Comparative Studies  
 Earth Sciences  
 Evolution and Ecology  
 French  
 Geography  
 International Studies  
 Islamic Studies  
 Italian  
 Journalism  
 Microbiology  
 Molecular Genetics  
 Neuroscience  
 Philosophy  
 Physics  
 Political Science  
 Psychology  
 Religious Studies  
 Sexuality Studies  
 Sociology  
 Speech & Hearing Science  
 Theatre  
 Women's Gender and Sexuality Studies  
 Zoology

**College of Engineering**

Biomedical Engineering  
 Food, Agricultural and Biological Engineering

**College of Education and Human Ecology**

Exercise Science  
 Health Promotion, Nutrition and Exercise Science  
 Hospitality Management  
 Human Development and Family Science  
 Human Nutrition  
 Dietetics  
 Sports Industry

**College of Public Health**

Public Health

**John Glenn School of Public Affairs**

Public Affairs

**College of Dentistry**

Dental Hygiene

**College of Nursing**

Nursing

**College of Pharmacy**

Pharmaceutical Sciences BS

**College of Social Work**

Social Work

**College of Food, Agricultural and Environmental Sciences**

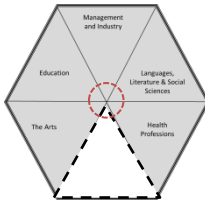
Agricultural Communications  
 Animal Sciences  
 Community Leadership  
 Food Business Management  
 Food Science  
 Entomology  
 Meat Science  
 Plant Health Management

**School of Environment and Natural Resources**

Environment, Economy, Development, and Sustainability  
 Environmental Policy and Decision Making  
 Environmental Science

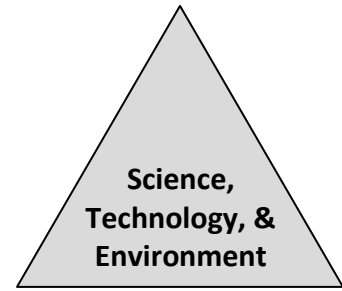
**School of Health and Rehabilitation Sciences**

Athletic Training  
 Health Information Management and Systems  
 Health Sciences  
 Medical Dietetics  
 Medical Lab Sciences  
 Radiologic Sciences and Therapy  
 Respiratory Therapy



**FIELDS OF STUDY**

# Exploring Majors in...



**School of Health and  
Rehabilitation Sciences**

Health Sciences  
Medical Dietetics  
Medical Lab Science

**College of Arts and  
Sciences**

Actuarial Science  
Anthropological Sciences  
Art & Technology  
Astronomy & Astrophysics  
Biochemistry  
Biology  
Chemistry  
Computer & Information  
Science  
Earth Sciences  
Evolution & Ecology  
Geographic Information  
Systems  
Geography  
Industrial Design  
Mathematics  
Microbiology  
Molecular Genetics  
Neuroscience  
Speech & Hearing Science  
Zoology

**Fisher College of Business**

Information Systems

**College of Education and  
Human Ecology**

Exercise Science  
Health Promotion, Nutrition,  
& Exercise Science  
Human Nutrition  
Nutrition in Industry  
Science & Mathematics  
Education

**College of Public Health**

Public Health

**College of Engineering**

Aeronautical & Astronautical  
Engineering  
Aviation  
Biomedical Engineering  
Chemical Engineering  
Civil Engineering  
Computer Science  
Engineering  
Electrical & Computer  
Engineering  
Engineering Physics  
Environmental Engineering  
Food, Agricultural, &  
Biological Engineering  
Industrial Systems  
Engineering  
Materials Science  
Engineering  
Mechanical Engineering  
Welding Engineering

**School of Architecture**

Architecture  
City & Regional Planning  
Landscape Architecture

**College of Food,  
Agricultural and  
Environmental Sciences**

Agricultural Systems  
Management  
Agriscience Education  
Animal Sciences  
Culinary Science  
Entomology  
Food Business Management  
Food Science  
Meat Science  
Plant Health Management  
Plant Pathology  
Sustainable Plant Systems

**School of Environment  
and Natural Resources**

Environmental Sciences  
Forestry, Fisheries, and  
Wildlife  
Natural Resource  
Management

**College of Pharmacy**

Pharmaceutical Sciences

# University Exploration

Explore all the academic options at The Ohio State University  
before making a final decision about your major

Are you trying to decide which major to choose at Ohio State? Many students are undecided about their major and career goals when they enter college. EXP is an academic program designed to assist students who are undecided about their major. EXP might be a great way for you to start your academic career at Ohio State if you:

- Want to learn about **all 175+ majors** offered at Ohio State, plus all the combinations of minors and specializations.
- Have a few areas of interest but would like **more time or information** before committing to just one.
- Would like to **experience college-level coursework** in a subject before declaring your major.
- Need to complete requirements before applying to a competitive major.
- Have a long-term goal, such as a **professional program** (law, medicine, physical therapy, etc.), but are not yet sure which major to pursue for your baccalaureate degree. None of these programs is a major!

You're in good company. Approximately 20% of the incoming student population each year enrolls through EXP, and many students change their major after arriving on campus.

## How Does University Exploration Work With Students?

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<b>Advising &amp; Academic Support</b>	EXP advisors are professionals who are excited to work with undecided students and to help you be successful! Advisors will help you learn about all 175+ majors, and know the specific requirements for every major. They'll help you create academic plans, identify campus resources such as free tutoring and career services, and make the most of your time in EXP and at Ohio State.
<b>Taking College Classes</b>	Every new freshman begins with general education, or GE, courses. These are requirements for every degree at Ohio State, no matter which major you select, and are a great way to try different classes while still meeting requirements. The GE courses allow you to explore new subjects, to try classes at the college level, and to still stay on track for a timely graduation. Students who begin in EXP are taking the same GE classes as students who begin in a declared major.
<b>Exploring Outside The Classroom</b>	Ohio State offers thousands of opportunities to have fun and explore your interests: joining student organizations, volunteering, shadowing at the Wexner Medical Center, participating in sports, taking on leadership roles... the list is seemingly endless! EXP advisors will help you think about ways to explore majors and careers through these opportunities in addition to your classes.
<b>Making A Good Decision</b>	EXP advisors have a variety of self-assessment tools to help you figure out and describe your interests, abilities, values and goals. The advisors can also help you determine which factors are important to you in making a decision, what information you need to make a strong and thoughtful decision, and how to research answers to your questions.
<b>Declaring A Major &amp; Graduating</b>	EXP students usually declare a major sometime during their first year, or early in their second year, and move into every college and department at the university. Students who enter EXP and work with their advisors are also on track to graduate! The four-year graduation rate for freshmen who entered EXP is consistent with the four year graduation rate for students who entered in other majors, and is higher than the four-year graduation rate for students who changed majors after coming to Ohio State.

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To learn more about how EXP can help you explore the options and find the major which is the best fit for you, visit [exploration.osu.edu](http://exploration.osu.edu), email [exploration@osu.edu](mailto:exploration@osu.edu), or call 614-292-0646 to schedule an appointment with an advisor.

## **Program Ideas**

Strengths Based– utilize Strengths application to academics and careers

Meyers Briggs Typology

Holland Code (The Party)

What's your true color

Major Fairs– contact ACADAOS (<http://acadaos.osu.edu/>) to reach out to advisors

Career Connection Workshops

University Exploration Workshops

Major Stereotypes/Society's definition of Valuable and Productive– is XXX a bad major “I am embarrassed to declare Comm because ANYBODY can do communications and I'm too high achieving for that.”

## **Tools and Resources for When a Student is in Your Office**

<https://exp.esue.ohio-state.edu/current-students/what-can-i-do-with-a-major-in>

[http://exploration.osu.edu/major\\_options.aspx](http://exploration.osu.edu/major_options.aspx)

<http://exploration.osu.edu/redeciding/assessment1.aspx>

<http://careerconnection.osu.edu/undergraduates/explore-osu-majors-minors/>

Mynextmove.org– this is fairly intuitive to use but if you have trouble, email me and I can send you the assignment instructions we give our students.

[Www.advising.osu.edu](http://www.advising.osu.edu)

## **The Art of Referring**

We understand that often students are hesitant to meet with an advisor in our program because they don't want to “be officially undecided.” That's completely okay!

Students don't HAVE to switch to our unit to meet with us we will work with them without them being in our unit.

On our website we have a prospective student page that includes resources for current OSU students, myths about being undecided, and tools for them to explore on their own.

University Exploration advisors are happy to assist with programming and have a staff member trained to do Strengths Based programming which we've then applied to selecting a major.

We also have no problem with contacting a student who you feel like just needs someone to reach out to them. Just send us their email and a brief synopsis of what's been going on. We contact you guys all the time when we're concerned about a student's overall wellness. If you are concerned about their academic wellness you can absolutely reach out to an advising office. If it's something that we can help with we are happy to. If it's something that their specific advisor needs to be aware of, we can help you connect the student with that person as well.



## What You Hear Them Say and What They Might Mean

### Students struggling with community and inclusion:

*High school was so easy...now I'm dumb.*

Identity and class averages...we find a lot of students feel a lot of anxiety over where they now rank in class.

Students not used to getting Bs!!!! We have a ton of students come in saying they're doing terribly and their GPA is a 3.6

Many students lack study skills— Recommend ESEPSY 1259

*Everyone else seems to have it all together.*

*Everyone knows what they want to 'be when they grow up' but me.*

Peer Pressure and feeling alone

Generalizing

Don't want to talk about it because they don't want to be different

### Students struggling with wellness:

Swc.osu.edu has 9 aspects of wellness, they include intellectual and career wellness.

*I'm so stressed out*

*I don't want to go to class*

*I have no motivation*

*Everyone tells me I should be/do/study/take...*

You could maybe ask them what about their academics is stressing them out.

You could ask if they are finding satisfaction with their classes and majors or is this leading them to feeling like their expectations about college aren't being met.

This causes lack of motivation and feeling of let-down.

Questions about are you feeling external pressure (family, friends, etc) about the value of the majors you are interested in. Career Concerns “what're you going to do with that” etc.

## **Students Struggling Academically:**

*I have to do X major for med/dent/PT*

*I have a graduate/professional goal*

If you could frame a question around 'are you doing well enough in your classes to be eligible for your major or graduate program that you're interested in...' that would lead to some interesting discussions potentially.

*I liked chemistry/physics/bio in high school but not here*

*My classes are boring*

Do you like theoretical or applied subjects? Ex. Chemistry is theoretical study of an academic discipline, food science is chemistry applied chemistry. Political Science is theoretical, Public Affairs is applied. Psychology is theoretical, Higher Education Student Affairs is applied :-).

Does the student actually know the academic content of the major they're pursuing? Many business specializations are extremely quantitative, if the student doesn't like number crunching they may not actually enjoy studying business.

## **Competitive Majors 1101**

Often students will abandon the idea of one major that they are dissatisfied with/having difficulty with and jump to another major. For example, a student might want to switch from Nursing to Dietetics. This is inherently difficult because often the majors have sequenced coursework and competitive admission standards. Knowing which majors are “competitive” can assist in helping a student figure out their new option. It is important to emphasize that competitive does not always mean “Best”.

### **Competitive Majors**

*Knowlton School of Architecture*– Larch and Arch are competitive based on portfolio review. City Regional Planning if you have a 2.75 you’re good. If you don’t you have to take CRP 2110 and apply.

*Fisher College of Business*– Need a 3.0 C or better in Math and English and application

*Arts and Sciences*- Communication (gpa and application) , Actuarial Science, Computer Information Science (both are gpa only) and Bachelor of Fine Arts programs (College of Arts and Sciences) (portfolio review)

*College of Dentistry/Dental Hygiene*– competitive application

*College of Education and Human Ecology*- SOME but not all majors– gpa and competitive application depending on the major– it’s best to just send student to appropriate info session. Education Teaching Licensures are all highly competitive. <http://ehe.osu.edu/ugss/advising-basics/info-sessions/>

*College of Engineering*– currently 2.0 minimum and appropriate classwork, AU14 2.5 minimum and appropriate classwork.

*School of Health and Rehabilitation Sciences*.-Competitive Application minimum 2.5 to apply, average 3.4 for acceptance

*College of Nursing*– competitive application, minimum 3.2 to apply, average acceptance closer to a 3.9, C+ or better in all prerequisite coursework

*College of Pharmacy/Pharmaceutical Sciences*– 2.75 and appropriate coursework

*College of Public Health* –2.8 and appropriate coursework and competitive application. C or better in prerequisite coursework. Average for acceptance closer to a 3.2

### **Non Competitive Majors**

*College of Arts and Sciences*-All other majors except the ones above

*College of Education and Human Ecology*-SOME but not all majors, still a 2.0, just send them to info sessions.

*College of Food, Agricultural and Environmental Sciences*-still a 2.0

*This includes the school of Environmental and Natural Resources.*

*John Glenn School of Public Affairs*-still a 2.0

*College of Social Work*-still a 2.0

## So When Does a Student Need to be In a Major?

It depends on the major...

Variable factors include whether the major has a structured curriculum, Pre-Requisites to apply, application deadlines

### **Example: Nursing**

*Pre-reqs of psych 1100, chem 1110, soc 1101, bio 1101, eeob 2520, anatomy 2300, English 1110 and gpa 3.2+ need to be completed before the end of **Spring Semester**.*

### **Application Deadline is January 15th**

Students normally spend their entire first year working on those pre-requisite courses. Once they are admitted to the program there are **3 years of nursing specific sequential courses**. If a student enters the program at the end of their sophomore year it is going to automatically turn their degree into a 5 year degree. *There is no way to work around the lock-step nature of the major.*

*TYPICALLY* if a student is starting undeclared we can get them through the first 2 years of their degree without being in a major, JUST focusing on GE courses with little to no time lost. This varies depending on whether a student is pursuing a competitive major and if they are an honors student. All the honors programs have different requirements so it's a little trickier. I emphasize that this is for students who begin their academic career undeclared and have been working with an advisor to strategically schedule their classes based on the majors they are considering. Our data is showing that these students are graduating at the same rate as the rest of the university. Students who switch into undecided after their first semester elsewhere and not using strategic scheduling are graduating at lower rates than the rest of the university.

