**Campus Involvement:** There are over 900 student organizations at Ohio State that students can join. Areas of interest can range from academic organizations around certain majors, civic organizations and service projects, social groups, and pre-professional organizations.

**Freshman Seminars:** Freshman Seminars are small, discussion based classes that connect freshmen with some of the university’s most distinguished faculty members. Students will have the opportunity to engage with faculty members on topics related to their fields of academic interest and what it looks like for a faculty member to do academic research.

**Honors:** The University Exploration Honors program provides an opportunity for students to engage in rigorous coursework and develop a strong undergraduate program. Students in UEXP Honors are expected to maintain a minimum CPHR of 3.4 and take a minimum of 6 honors or upper division courses in their first two years. UEXP Honors works closely with the other colleges to ensure our students transition smoothly from UEXP Honors into the honors program in their new major.

Incoming freshman interested in Honors at The Ohio State University should complete the online Honors application for admission to UEXP Honors. Current OSU students are able to apply to honors if they have a 3.5 minimum CPHR and have completed at least one term of OSU classes. If you are interested in applying to UEXP Honors, please call 292-0646 to schedule an appointment with an advisor.

**Internships:** Internships provide opportunities for students to learn about careers through on-the-job training and work. Internships can be paid or for academic credit. Search local internship listings at: [columbusinternship.com](http://columbusinternship.com).

**Professional Pathways:** Professional pathways courses are seminars that provide students the opportunity to explore a variety of career paths. Each seminar focuses on a particular field, such as entrepreneurship, education, civic engagement, and high education, giving students a background of the major needs that are addressed in that field, current events that are shaping the profession, and what skills are needed to help someone enter and be successful in that general profession.

ROTC: Students can participate in one of three different Reserve Officers' Training Corp (ROTC) experiences, with the [Air Force](http://www.usafa.edu), [Army](http://www.army.mil), or [Navy](http://www.navy.mil). All three programs offer students the opportunity to develop leadership skills while pursuing any undergraduate degree, with the option of graduating as a commissioned officer in the military. Students will also learn about the history of their chosen branch in the military and gain a better understanding of how it currently is structured.

**Service Learning:** provides an exciting way for Ohio State students to take their academic subjects out of the classroom in order to practice them in the surrounding community. Over 70 service-learning courses are offered each year, in a variety of disciplines. Service-learning courses are tied to specific academic learning outcomes and designed to meet real community needs. Also, service-learning courses count for academic credit. University Exploration students can use service-learning to develop personal and social responsibility, develop leadership ability and critical thinking skills, enhance knowledge of academic subjects, and develop skills for future employment. In some cases the courses count towards GEC or major requirements as well.
Service organizations: Many students choose to become involved in giving back to the communities in and around Columbus. Pay it Forward connects students and faculties to service projects and community agencies to help facilitate opportunities to be personally invested in a cause or population. You can visit Pay It Forward for more information.

Study abroad: Students can receive course credit at a foreign institution through a study abroad program, facilitated by the Office of International Affairs. Offering as many as 100 different study abroad programs in over 40 countries, students can receive a variety of educational experiences, both academically and culturally.

SASSO: The Student Athlete Support Services Office (SASSO) provides services for all varsity student athletes at Ohio State to help them balance athletics and academics. They provide tutoring in a variety of subjects and can assist in answering eligibility related questions for student athletes regarding Ohio State, Big Ten, and NCAA rules. SASSO also provides developmental opportunities through professional development events such as resume workshops, as well as classes to help student athletes in their adjustment to and from OSU.

Undergraduate Research: Ohio State is one of the top public research institutions in the US and provides the opportunity for undergraduates to do research along with a faculty member. Students can work with faculty members on projects in any academic discipline to explore an academic field of interest.