# BACHELOR OF SCIENCE IN HUMAN DEVELOPMENT AND FAMILY SCIENCE

Human Development and Family Science, Family Studies Specialization

**Program Sheet**

Effective for students admitted to the College of Education and Human Ecology beginning Summer 2014

<table>
<thead>
<tr>
<th>COURSE &amp; NUMBER</th>
<th>HR</th>
<th>COURSE &amp; NUMBER</th>
<th>HR</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>UNIVERSITY REQUIREMENTS (47-53)</strong></td>
<td></td>
<td><strong>MAJOR REQUIREMENTS (19)</strong></td>
<td></td>
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<tr>
<td>Writing (6)</td>
<td></td>
<td>*HDFS 2200 Family Development</td>
<td>3</td>
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<tr>
<td>ENGLISH 1110.01 or 1110.02 or 1110.03</td>
<td>3</td>
<td>HDFS 2900 Research Methods OR 3</td>
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<tr>
<td>2nd Level Writing (Recommended: HDFS 2367)</td>
<td>3</td>
<td>HDFS 4960 Developmental and Prevention Science Research Methods</td>
<td></td>
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<tr>
<td>*HDFS 2410 Early &amp; Middle Childhood</td>
<td>3</td>
<td></td>
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<tr>
<td>³Literature (3)</td>
<td>3</td>
<td>HDFS 2420 Adolescent &amp; Emerging Adulthood</td>
<td></td>
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<tr>
<td>³Arts (3)</td>
<td>3</td>
<td>HDFS 3440 Human Sexuality</td>
<td></td>
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<tr>
<td>³Science (3)</td>
<td></td>
<td>Choose ONE of the third level writing courses below</td>
<td></td>
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<tr>
<td>Math Placement M or higher, MATH 1148 or equivalent</td>
<td>0-4</td>
<td>(The course you choose cannot be double counted)</td>
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<tr>
<td>MATH 1131, 1150, PHILOS 1500, CSE 1111, or 2111</td>
<td>3-5</td>
<td>HDFS 2210 Helping Skills in Context 4</td>
<td></td>
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<tr>
<td>Data Analysis (3)</td>
<td>3</td>
<td>HDFS 3200 Foundations of Family Studies 3</td>
<td></td>
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<tr>
<td>STAT 1350 or 1450</td>
<td></td>
<td>HDFS 3370 Families and Stress 3</td>
<td></td>
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<tr>
<td><strong>OPTION REQUIREMENT (28)</strong></td>
<td></td>
<td>(Required-10hours)</td>
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<tr>
<td>²Science (10)</td>
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<td>HDFS 5200 Foundations of Couple &amp; Family Therapy 3</td>
<td></td>
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<tr>
<td>BIOLOGY 1101</td>
<td>4</td>
<td>HDFS 5340 Intimate Relationships 3</td>
<td></td>
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<tr>
<td>BIOLOGY 1102, HUMN NTR 2210, or GE List</td>
<td>3</td>
<td>HDFS 5410 Infant &amp; Toddler Development</td>
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<tr>
<td>Physical Science</td>
<td>3</td>
<td>HDFS 5430 Adult Development &amp; Aging</td>
<td></td>
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<tr>
<td>²Historical Study (3)</td>
<td>3</td>
<td>HDFS 5440 Human Sexuality in Context</td>
<td></td>
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<tr>
<td>Social Science (6)</td>
<td></td>
<td>(Select and additional 18 hours from the following HDFS courses)</td>
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<tr>
<td>SOCIOL 1101 or RURAL SOC 1500</td>
<td>3</td>
<td>*HDFS 2330 Parenting 3</td>
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<td>²PSYCH 1100</td>
<td>3</td>
<td>HDFS 2367 American Family Issues 3</td>
<td></td>
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<tr>
<td>²Culture &amp; Ideas or ²Historical Study (3)</td>
<td>3</td>
<td>HDFS 2600 Foundations of Prevention Science 3</td>
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<tr>
<td>Open Option (6)</td>
<td>6</td>
<td>*HDFS 3193 Practicum in Research 1-3</td>
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<tr>
<td>Social Science (6)</td>
<td></td>
<td>HDFS 3360 International Family Issues 3</td>
<td></td>
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<tr>
<td>²Culture &amp; Ideas or ²Historical Study (3)</td>
<td>3</td>
<td>HDFS 3450 Mgmt &amp; Supp Beh in Socl Contexts 3</td>
<td></td>
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<tr>
<td>Open Option (6)</td>
<td>6</td>
<td>HDFS 3620 Invrntn &amp; Preventn Practct: Dev&amp;Eval 3</td>
<td></td>
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<tr>
<td><strong>ELECTIVES (2-8)</strong></td>
<td>2-8</td>
<td>HDFS 3630 Family Policy &amp; Ethics 3</td>
<td></td>
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<tr>
<td><strong>PROGRAM A (select additional 14 hours)</strong></td>
<td></td>
<td>HDFS 4630 Etiology and Mds of Human Developm 3</td>
<td></td>
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<tr>
<td><strong>Program B (select 18 hours)</strong></td>
<td></td>
<td>HDFS 4640 Promoting Emotional Wellbeing 3</td>
<td></td>
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<tr>
<td>MINSIMUM SEM HR REQUIRED</td>
<td>120</td>
<td>HDFS 4650 Intrdscplnry Clb &amp; Conslt: Fam &amp; Com 3</td>
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</tbody>
</table>

1 English 1110.03 must be taken concurrently with English 1193.03
2 Students must complete two Global Issues courses, which are typically met by selecting Literature, Art, Cultures & Ideas, or Historical Study courses that meet this requirement.
3 Two or three courses are needed to complete this requirement. Choose one biological and one physical science course. At least one course must contain a lab. Courses may overlap with Pre-Med requirements; follow the back of this sheet and see your advisor for details.
4 Students must complete one Social Diversity in the US course, which is met by taking PSYCH 1100.
5 Contract developed with faculty/researcher 1 term prior to registration.
6 From suggested supporting courses on the back of this sheet; list courses on back. Students completing the PreMed option will exceed 18 credit hours when completing all of the required courses; students should consult with an HDFS advisor.
7 Program A is for those students who meet the qualifications and want to do fieldwork. A 2.5 CPHR is required for fieldwork; register in department two (2) terms in advance.
*Courses marked with an "*" satisfy some of the requirements to become a Certified Family Life Educator (CFLE).

NOTE: By completing the major requirements (front page) and the coursework in one's specialization area (back page) students may have completed part or all of the coursework to become a Child Life Specialist. If interested in pursuing this credential, please visit (www.childlife.org) and talk with your advisor about it.
The FAMILY STUDIES Option is designed to provide an understanding of human development and family relationships across the lifespan, and to prepare interested students for graduate study and/or professional careers. The "Professional Specialization" component of the Option gives the student the opportunity to select courses and field work experiences in major areas of emphasis. Selection should be guided by students' interests and professional goals. In addition, courses not included in the listings below but contributing to students' professional goals may be considered and approved by an HDFS advisor.

**PROFESSIONAL SPECIALIZATION AREAS -- SUPPORTING COURSES**

### FAMILY/COMMUNITY HUMAN SERVICES

**Required:**
- HDFS 5200 (foundations of cft)

**Choose from the following courses:**
- AFAM & AST 3361
- CONSCI 3940
- CSCFFS 2260
- ESWDE 5636, 7648 (by permission)
- ESHESA 2571
- HDFS 3184
- KNPSFHP 3312, 3314
- PSYCH 2325, 2335, 2375 3545, 4540
- SOCWRK 1130, 2101, 3597, 5006, 5007, 5014
- SOCIOL 2210, 2380, 2390, 2391, 3306
- WGSST 2325, 2326

**NOTE:** Some of the above courses also meet requirements for minors in Sociology, Education, and Women Studies.

### AGING STUDIES

**Required:**
- HDFS 5430 (adult devel&aging)

**Choose from the following courses:**
- ANTHR 5645
- CSCFFS 4270
- HDFS 3189.03, 5893
- HTHRHS 4000, 4400, 5610, 5650, 5860.04, 7620 (by permission)
- HUMNNTR 3506
- KNPE 2542
- KNHES 5703
- SOCIOL 5490
- SOCWK 5010
- SPHRN 5605

**NOTE:** Some of the above courses also meet requirements for the minor in Aging.

### ADOLESCENT - AT RISK YOUTH

**Required:**
- HDFS 5892 or 5350 (topics in adoles develop or families with adolescents)

**Choose from the following courses:**
- COMLDR 5350
- COMM 4401
- CSFRST 2372, 3474
- ESCFE 4215
- ESEPSY 5401
- HDFS 3189.02, 5350
- PSYCH 2325, 2335, 2335, 5681
- SOCIO 2210, 2310, 3410, 4508, 5605, 4610
- SOCWK 3597, 5014

**NOTE:** Some of the above courses also meet requirements for the interdisciplinary minor in Youth Development.

### INTIMACY/SEXUALITY STUDIES

**Required:**
- HDFS 3440 or 5340 (sexuality/intimacy)

**Choose from the following courses:**
- CLASSICS 3215
- COMPSTD 2214, 4845
- ESCFE 4215
- ENGLISH 4580
- figured 3400 or 5340
- HISTORY 2630, 3630
- KNFSHP 2204, 5614
- PSYCH 2333, 2376, 3555
- SOCIO 2210, 2310, 3410, 4508, 5605, 4610
- SOCWK 3597, 5006
- WGSST 2320, 4845

**NOTE:** Some of the above courses also meet requirements for the minor in Sexuality Studies.

### SOCIAL POLICY & POPULATION STUDIES

**Required:**
- HDFS 5890 (topic in fam develop)

**Choose from the following courses:**
- BIOLOGY 1113, 1114, and one more advanced biological science course (e.g. Molecular Genetics 4500)
- CHEM 1210, 1220
- CHEM 2510, 2520 (these are lectures)
- 2540, 2550 (these are labs)
- PHYSICS 1200, 1201
- RESEARCH IN HDFS 3193

**NOTE:** Some of the above courses also meet requirements for the minor in Public Health, Sociology, and Public Policy.

### INTEGRATED STUDIES

**Courses in this specialization area must pertain to a career and must be approved by an EHE advisor**

### PREMED

All of the following courses are required:
- HDFS 5890 (topic in fam develop)
- BIOLOGY 1113, 1114, and one more advanced biological science course (e.g. Molecular Genetics 4500)
- CHEM 1210, 1220
- CHEM 2510, 2520 (these are lectures)
- 2540, 2550 (these are labs)
- PHYSICS 1200, 1201
- RESEARCH IN HDFS 3193

The following two courses are recommended:
- HUMNNTR 2310, 4609

**NOTE -- To pursue a minor, a student will need to speak with his/her HDFS advisor AND an advisor in the minor.**
BACHELOR OF SCIENCE IN HUMAN DEVELOPMENT AND FAMILY SCIENCE  
Human Development and Family Science,  
Family Studies Specialization

Semester By Semester Guide  
Effective for students admitted to the College of Education and Human Ecology beginning Summer 2014

Minimum hours required for graduation: 120

<table>
<thead>
<tr>
<th>Autumn</th>
<th>Spring</th>
<th>Summer</th>
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<tbody>
<tr>
<td><strong>Year 1</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>MATH 1148</td>
<td>Math &amp; Log Analysis</td>
<td>3</td>
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<tr>
<td>ENGLISH 1110.01</td>
<td></td>
<td>3</td>
</tr>
<tr>
<td>GE Arts/Global Issues</td>
<td></td>
<td>3</td>
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<tr>
<td>EHE 1100</td>
<td></td>
<td>1</td>
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<tr>
<td>GE Social Science: SOCIOL 1101 or RURAL SOC 1500</td>
<td>3</td>
<td>Choose 18 course</td>
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<tr>
<td>29/120</td>
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<td>14</td>
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<td><strong>Year 2</strong></td>
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<td>15</td>
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<tr>
<td>GE Second Writing (rec. HDFS 2367)</td>
<td>GE Physical Science w/Lab</td>
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<tr>
<td>GE Biological Science: BIOLOGY 1101</td>
<td>GE Data Analysis: STAT 1350/1450</td>
<td>3</td>
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<td>GE Open Option</td>
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<td>3</td>
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<tr>
<td>HDFS 2900</td>
<td></td>
<td>3</td>
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<td>HDFS 2410</td>
<td></td>
<td>4</td>
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<tr>
<td>62/120</td>
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<td>16</td>
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<td><strong>Year 3</strong></td>
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<td>17</td>
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<tr>
<td>GE Biological Science</td>
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<td>3</td>
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<tr>
<td>GE Historical Study/Global Issues</td>
<td>Choose 18 course</td>
<td>3</td>
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<td>HDFS 3440</td>
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<td>HDFS 3800</td>
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<td>Choose 18 course</td>
<td>Professional Specialization</td>
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<td>93/120</td>
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<td><strong>Year 4</strong></td>
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<td>GE Open Option</td>
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<tr>
<td>HDFS Third Level Writing Course</td>
<td>Choose 18 course</td>
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<td>Choose 18 course</td>
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<tr>
<td>120/120</td>
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<td>12</td>
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</tbody>
</table>

Notes:
- Courses in **bold** are only offered once a year in the specified term
- Course term of offering is subject to change

BIOLOGY 1101- Prereq: Not open to students with credit for 1101E, 1113 (113), 1113H (115H), 101, Entmlgy 1101 (101), or MolGen 1101 (PlntBio101). This course is available for EM credit.

BIOLOGY 1102- Prereq: Not open to students with credit for 102. This course is available for EM credit.

ENGLISH 1110.01- Prereq: 1109 (109.02) or EduTL1902 (108.01), or English Placement Level 4.

ENGLISH 1110.01- Prereq: EduTL1902 or 1902.04, or English Placement Level 4.

HDFS 2189- Prereq: 2210, and CPHR 2.5 or above, and permission of instructor.

HDFS 2210- Prereq: 2200.

HDFS 2367- Prereq: English 1110.01 (110.01), 1110.02 (110.02), or 1110.03 (110.03).

HDFS 2367- Prereq: English 1110.01 (110.01), 1110.02 (110.02), or 1110.03 (110.03).

HDFS 3189.xx- Prereq: 2410, and Jr or Sr standing.

HDFS 3193- Prereq: 2900 or equiv, and permission of instructor.

HDFS 3200- Prereq: 2200.

HDFS 3360- Prereq: Soph, Jr, or Sr standing or permission of instructor.

HDFS 3450- Prereq: Soph, Jr, or Sr standing; or permission of instructor.

HDFS 3620- Prereq: Soph, Jr, or Sr standing; or permission of instructor.

HDFS 3630- Prereq: Soph, Jr, or Sr standing, or permission of instructor.

HDFS 4370- Prereq: 2200, or permission of instructor.

HDFS 4620- Prereq: 2600, or permission of instructor.

HDFS 4630- Prereq: 2600, or permission of instructor.

HDFS 4640- Prereq: Soph, Jr, or Sr standing; or permission of instructor.

HDFS 4650- Prereq: Permission of instructor.

HDFS 4960- Prereq: Soph, Jr or Sr standing, or permission of instructor.

HDFS 5200- Prereq: Jr, Sr, or Grad standing, or by petition.

HDFS 5340- Prereq: 2400, or Grad standing.

HDFS 5350- Prereq: 2200 or 2400, or equiv, or Grad standing.

HDFS 5410- Prereq: 2410 or equiv, and Jr or Sr standing.

HDFS 5430- Prereq: 2400 or 2420, or equiv, and Jr or Sr standing.

HDFS 5440- Prereq: Jr standing or above, and 2400 or 2200 or equiv, or Sexuality Studies major or minor.

HDFS 5890 - Prereq: 2400 or 2200, or equiv, and Jr or Sr standing.

HDFS 5891- Prereq: 2400 or 2410 or equiv, and Jr or Sr standing.

HDFS 5892- Prereq: 2400 or 2420, or equiv, and Jr or Sr standing.

HDFS 5893- Prereq: 2400 or 5430, or equiv, and Jr or Sr standing.

HDFS 5897- Prereq: 2400 or 2600, or equiv, and Jr or Sr standing.

MATH 1148- Prereq: A grade of C- or above in 1075, or credit for 104 or 148, or Math Placement Level N, or permission of department.

PSYCH 1100- Prereq: Not open to students with credit for 100, 1100H (100H) or 1100E (100E). This course is available for EM credit.

STAT 1350- Prereq: Math 1050, or Math Placement Level S, or permission of instructor.

Revised 8/10/2015