

# What Can I Do With This **Ohio State** Major?

Bachelor of Science

## Human Nutrition: Dietetics

College of Education and Human Ecology

Human nutrition is an integrated discipline focused on the role of diet in the prevention and treatment of disease. Dietetics is a unique combination of the science of food and nutrition, and its impact on quality of life. The program prepares students to translate the scientific principles of food and nutrition into healthy eating practices for various populations. Dietetics requires course work in the fundamentals of food, the principles of food production, cost management in food service, food service sanitation and safety, community nutrition, human metabolism, physical and nutritional assessment and human resources management. Upon completion of the Dietetics program, students are eligible to apply for a Dietetic Internship which is required for the Registered Dietician (RD) license.<sup>1</sup>

### Career Areas/Job Titles:

#### Management and Industry

Sales Representative

Food Service Manager

Human Resources Manager

Research Analyst

Product Development Specialist

#### Communication and Media

Public Relations Manager

Publisher

Writer

#### Health Professions

Registered Dietitian

Nutritionist

Public Health Nutritionist

Wellness Coordinator

Counselor

#### Education

Research Assistant

*\*Some careers may require licensure, certification, or further education. Talk to an advisor about specific requirements.*

### Transferable Skills:

Basic Computer Skills

Biology Focus

Chemistry Focus

Human Anatomy Knowledge

Healthcare Fundamentals

Facilitating Group Discussion

Listening Skills

Provide/Respond to Feedback

Public Speaking

Written Communication

Counseling Skills

Motivating Others

Social Perceptiveness

Teaching/Instructing Others

Teamwork

Defining Needs

Developing Evaluation

Strategies

Research Skills

Attention to Detail

Initiative

Organization Skills

Prioritizing Tasks

Strategic Planning/Visioning

Data Analysis

Analytical/Critical Thinking

Problem Solving

*\*This is not an extensive list of transferable skills. See larger list of skills you might develop here:*

<http://ccss.osu.edu>

### Professional Links:

The American Dietetic Association: <http://www.eatright.org>

The American Society for Nutrition: <http://www.nutrition.org>

The Commission on Dietetic Registration: <http://www.cdrnet.org>

Global Nutrition Club at The Ohio State University

Food and Nutrition Forum at The Ohio State University