

# What Can I Do With This **Ohio State** Major?

Bachelor of Science

## **Athletic Training**

School of Health and Rehabilitation Sciences

Athletic Trainers (ATs) are health care professionals who collaborate with physicians. The services provided by ATs comprise of prevention, emergency care, clinical diagnosis, therapeutic intervention and rehabilitation of injuries and medical conditions. They work to manage injuries on the field and to safely return injured athletes to competition and patients to their normal lifestyle as quickly as possible. Athletic trainers also complete continuing professional education to maintain their certification. Athletic trainers are licensed or otherwise regulated in 48 states. Professionals become eligible for certification and licensure at the bachelor's degree level.<sup>i</sup>

### **Career Areas/Job Titles:**

#### **Management and Industry**

Recreational Sport  
Administrator

#### **Health Professions**

Athletic Trainer  
Rehabilitation Specialist  
Physician Extender  
Exercise Program Developer

Health Coach

Strength & Conditioning Coach

Research Coordinator

Outreach Coordinator

#### **Science and Technology**

Researcher  
Medical Sales  
Pharmaceutical Sales

#### **Education**

Professor  
Health & Wellness Instructor

#### **Non-Profit/Advocacy**

Health Promoter  
Patient Advocate

*\*Some careers may require licensure, certification, or further education. Talk to an advisor about specific requirements.*

### **Transferable Skills:**

Human Anatomy  
Physics  
Facilitating Group Discussion  
Interviewing  
Listening Skills  
Negotiating  
Provide/Respond to Feedback  
Speaking Effectively  
Use Technology Effectively  
Written Communication  
Counseling Skills  
Cultural Understanding  
Emotional Intelligence  
Motivating Others  
Service Orientation

Teaching/Instructing Others  
Teamwork  
Defining Needs  
Developing Evaluation  
Strategies  
Experimental Design  
Gathering Information  
Identifying Problems  
Research Skills  
Setting Goals  
Adaptability/Flexibility  
Attention to Detail  
Judgment & Decision Making  
Initiative  
Managing Time/Stress

Punctuality  
Administrative Skills  
Coaching/Mentoring  
Mediating Conflict  
Organization Skills  
Prioritizing Tasks  
Strategic Planning/Visioning  
Creating Innovative Solutions  
Multi-tasking  
Quantitative Reasoning  
Data Analysis  
Analytical/Critical Thinking  
Problem Solving  
\*Licensure Obtained Upon Grad

*\*This is not an extensive list of transferable skills. See larger list of skills you might develop here:*

<http://ccss.osu.edu>

### **Professional Links:**

National Athletic Trainers' Association: <http://www.nata.org/>

National Health and Exercise Science Association: <http://www.nhesa.org/>

IDEA Health and Fitness Association: <http://www.ideafit.com/>

National Academy of Sports Medicine: <http://www.nasm.org/>