Registered dietitians are food and nutrition experts. They assess nutritional needs, provide nutrition intervention, and help individuals prevent disease through good nutritional practices. They also manage food service in health care or commercial settings. Dietitians are registered and/or licensed to give group and individual nutrition counseling and serve as nutrition consultants to other health-care professionals. The field combines practice and research in food, nutrition, and health with education about diet and food choices. Dietitians play an important role in fitness, health, and nutritional treatment of diseases.

**Career Areas/Job Titles:**

**Management and Industry**
- Clinical Dietician
- Correctional Facility Dietician
- Health Coach

**Dietician**
- Home Healthcare Specialist

**Wellness Officer**
- Education
- Professor

**Communication and Media**
- Public Relations Manager
- Publisher
- Journalist

**Health Professions**
- Clinical Dietician
- Consulting Dietician
- Non-Profit/Advocacy

**Government**
- Community Dietician
- US Department of Veteran’s Affairs
- USDA

**Professional Links:**
- Academy of Nutrition and Dietetics: [http://www.eatright.org/](http://www.eatright.org/)
- American Society for Parenteral and Enteral Nutrition: [https://www.nutritioncare.org/](https://www.nutritioncare.org/)

*Some careers may require licensure, certification, or further education. Talk to an advisor about specific requirements.*