Exploring
Majors in...

Fields of Study

College of Arts and Sciences
- African-American & African Studies
- Ancient History & Classics
- Anthropology
- Art
  - Art & Technology, Ceramics, Glass, Painting & Drawing, Photography, Printmaking, Sculpture
- Art Education
- Arts Management
- Comparative Studies
- Computer & Information Science
- Dance
- English
- Film Studies
- History of Art
- Industrial Design
- Interior Space Design
- International Studies
- Islamic Studies
- Jewish Studies
- Medieval & Renaissance Studies
- Music
  - Jazz Studies, Composition, History, Theory, Performance (Orchestral, Voice, Piano)
- Music Education
- Religious Studies
- Theatre

College of Education and Human Ecology
- Fashion & Retail Studies

College of Engineering
- Aeronautical & Astronautical Engineering
- Civil Engineering
- Computer Science Engineering
- Food, Agricultural, & Biological Engineering
- Mechanical Engineering
- Welding Engineering

School of Architecture
- Architecture
- City & Regional Planning
- Landscape Architecture

John Glenn School of Public Affairs
- Public Affairs

College of Food, Agricultural and Environmental Sciences
- Culinary Science
- Food Science
- Sustainable Plant Systems

School of Environment and Natural Resources
- Natural Resource Management

University Exploration
http://exploration.osu.edu/index.aspx
Exploring Majors in...

**Fields of Study**

**College of Arts and Sciences**
- African-American & African Studies
- Ancient History & Classics
- Arabic
- Art Education
- Biology
- Chemistry
- Chinese
- Communication
- English
- French
- German
- Hebrew
- History
- History of Art
- International Studies
- Italian
- Japanese
- Korean
- Modern Greek
- Philosophy
- Physics
- Portuguese
- Psychology
- Romance Studies
- Russian
- Sexuality Studies
- Spanish
- Speech & Hearing Science
- Theatre

**Fisher College of Business**
- Human Resources

**College of Education and Human Ecology**
- Early and Middle Childhood Studies
- Consumer and Family Financial Services
- Health Promotion, Nutrition and Exercise Science
- Human Nutrition
- Dietetics
- Human Development and Family Science
- Early Childhood Education
- Foreign Language Education
- Integrated Language Arts Education
- Middle Childhood Education
- Physical Education
- Science and Mathematics Education
- Special Education
- Technical Education
- Teaching English to Speakers of Other Languages

**College of Food, Agricultural and Environmental Sciences**
- Agricultural Communications
- Agriscience Education
- Community Leadership

**School of Environment and Natural Resources**
- Environment, Economy, Development, and Sustainability
- Environmental Policy and Decision Making
- Natural Resource Management

**College of Social Work**
- Social Work

**School of Health and Rehabilitation Sciences**
- Athletic Training
- Medical Dietetics

**John Glenn School of Public Affairs**
- Public Affairs

University Exploration
http://exploration.osu.edu/index.aspx
Exploring Majors in...

**FIELDS OF STUDY**

**College of Arts and Sciences**
- Actuarial Science
- Arabic
- Art
- Arts Management
- Chinese
- Classics
- Communication
- Computer Information Science
- Criminology & Criminal Justice Studies
- Economics
- English
- Film Studies
- French
- Geography
- German
- Hebrew
- International Studies
- Italian
- Japanese
- Journalism
- Korean
- Linguistics
- Political Science
- Portuguese
- Psychology
- Russian
- Sexuality Studies
- Social Sciences Air Transportation
- Sociology
- Spanish
- Speech & Hearing Science
- Theatre

**Fisher College of Business**
- Accounting
- Economics
- Finance
- Human Resources
- Info Systems
- Insurance
- International Business
- Logistics
- Marketing
- Operations Management
- Real Estate

**College of Education and Human Ecology**
- Consumer and Family
  - Financial Services
- Fashion Retail Studies
- Hospitality Management
- Nutrition in Industry
- Sports Industry

**College of Public Health**
- Public Health

**John Glenn School of Public Affairs**
- Public Affairs

**College of Social Work**
- Social Work

**School of Architecture**
- City and Regional Planning

**College of Food, Agricultural and Environmental Sciences**
- Agribusiness and Applied Economics
- Agricultural Communications
- Agricultural System Management
- Animal Sciences
- Community Leadership
- Construction Systems Management
- Food Business Management
- Plant Health Management
- Professional Golf Management

**School of Environment and Natural Resources**
- Environment, Economy, Development, and Sustainability
- Environmental Policy and Decision Making
- Forestry, Fisheries and Wildlife
- Natural Resource Management

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University Exploration
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Exploring Majors in...

**College of Arts and Sciences**
- African-American & African Studies
- Ancient History & Classics
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- Classics
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- Comparative Studies
- Criminology & Criminal Justice Studies
- Economics
- English
- Film Studies
- French
- Geography
- German
- Hebrew
- History
- History of Art
- International Studies
- Islamic Studies
- Italian
- Japanese
- Jewish Studies
- Journalism
- Korean
- Linguistics
- Medieval & Renaissance Studies
- Modern Greek
- Philosophy
- Political Science
- Portuguese
- Psychology
- Religious Studies
- Romance Studies
- Russian
- Sexuality Studies
- Social Sciences
  - Air Transportation
  - Sociology
  - Spanish
  - Speech & Hearing Science
  - Theatre
- Women’s Gender and Sexuality Studies
- World Literatures

**Fisher College of Business**
- Economics
- Human Resources
- International Business

**College of Education and Human Ecology**
- Early and Middle Childhood Studies
- Human Development and Family Science
- Sports Industry

**College of Food, Agricultural and Environmental Sciences**
- Agricultural Communications
- Community Leadership

**School of Environment and Natural Resources**
- Environment, Economy, Development, and Sustainability
- Environmental Policy and Decision Making

**College of Social Work**
- Social Work

**College of Public Health**
- Public Health

**John Glenn School of Public Affairs**
- Public Affairs

**University Exploration**
http://exploration.osu.edu/index.aspx
Exploring Majors in...

College of Arts and Sciences
- Anthropology
- Anthropologic Sciences
- Biochemistry
- Biology
- Chemistry
- Communication
- Comparative Studies
- Earth Sciences
- Evolution and Ecology
- French
- Geography
- International Studies
- Islamic Studies
- Italian
- Journalism
- Microbiology
- Molecular Genetics
- Neuroscience
- Philosophy
- Physics
- Political Science
- Psychology
- Religious Studies
- Sexuality Studies
- Sociology
- Speech & Hearing Science
- Theatre
- Women’s Gender and Sexuality Studies
- Zoology

College of Education and Human Ecology
- Exercise Science
- Health Promotion, Nutrition and Exercise Science
- Hospitality Management
- Human Development and Family Science
- Human Nutrition
- Dietetics
- Sports Industry

College of Public Health
- Public Health

John Glenn School of Public Affairs
- Public Affairs

College of Dentistry
- Dental Hygiene

College of Nursing
- Nursing

College of Pharmacy
- Pharmaceutical Sciences BS

College of Social Work
- Social Work

College of Food, Agricultural and Environmental Sciences
- Agricultural Communications
- Animal Sciences
- Community Leadership
- Food Business Management
- Food Science
- Entomology
- Meat Science
- Plant Health Management

School of Environment and Natural Resources
- Environment, Economy, Development, and Sustainability
- Environmental Policy and Decision Making
- Environmental Science

School of Health and Rehabilitation Sciences
- Athletic Training
- Health Information Management and Systems
- Health Sciences
- Medical Dietetics
- Medical Lab Sciences
- Radiologic Sciences and Therapy
- Respiratory Therapy
Exploring Majors in...

Fields of Study

School of Health and Rehabilitation Sciences
- Health Sciences
- Medical Dietetics
- Medical Lab Science

College of Arts and Sciences
- Actuarial Science
- Anthropological Sciences
- Art & Technology
- Astronomy & Astrophysics
- Biochemistry
- Biology
- Chemistry
- Computer & Information Science
- Earth Sciences
- Evolution & Ecology
- Geographic Information Systems
- Geography
- Industrial Design
- Mathematics
- Microbiology
- Molecular Genetics
- Neuroscience
- Speech & Hearing Science
- Zoology

Fisher College of Business
- Information Systems

College of Education and Human Ecology
- Exercise Science
- Health Promotion, Nutrition, & Exercise Science
- Human Nutrition
- Nutrition in Industry
- Science & Mathematics Education

College of Public Health
- Public Health

College of Engineering
- Aeronautical & Astronautical Engineering
- Aviation
- Biomedical Engineering
- Chemical Engineering
- Civil Engineering
- Computer Science Engineering
- Electrical & Computer Engineering
- Engineering Physics
- Environmental Engineering
- Food, Agricultural, & Biological Engineering
- Industrial Systems Engineering
- Materials Science Engineering
- Mechanical Engineering
- Welding Engineering

School of Architecture
- Architecture
- City & Regional Planning
- Landscape Architecture

College of Food, Agricultural and Environmental Sciences
- Agricultural Systems Management
- Agriscience Education
- Animal Sciences
- Culinary Science
- Entomology
- Food Business Management
- Food Science
- Meat Science
- Plant Health Management
- Plant Pathology
- Sustainable Plant Systems

School of Environment and Natural Resources
- Environmental Sciences
- Forestry, Fisheries, and Wildlife
- Natural Resource Management

College of Pharmacy
- Pharmaceutical Sciences

University Exploration
http://exploration.osu.edu/index.aspx
Explore all the academic options at The Ohio State University before making a final decision about your major

Are you trying to decide which major to choose at Ohio State? Many students are undecided about their major and career goals when they enter college. EXP is an academic program designed to assist students who are undecided about their major. EXP might be a great way for you to start your academic career at Ohio State if you:

- Want to learn about all 175+ majors offered at Ohio State, plus all the combinations of minors and specializations.
- Have a few areas of interest but would like more time or information before committing to just one.
- Would like to experience college-level coursework in a subject before declaring your major.
- Need to complete requirements before applying to a competitive major.
- Have a long-term goal, such as a professional program (law, medicine, physical therapy, etc.), but are not yet sure which major to pursue for your baccalaureate degree. None of these programs is a major!

You’re in good company. Approximately 20% of the incoming student population each year enrolls through EXP, and many students change their major after arriving on campus.

### How Does University Exploration Work With Students?

<table>
<thead>
<tr>
<th>Advising &amp; Academic Support</th>
<th>EXP advisors are professionals who are excited to work with undecided students and to help you be successful! Advisors will help you learn about all 175+ majors, and know the specific requirements for every major. They’ll help you create academic plans, identify campus resources such as free tutoring and career services, and make the most of your time in EXP and at Ohio State.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Taking College Classes</td>
<td>Every new freshman begins with general education, or GE, courses. These are requirements for every degree at Ohio State, no matter which major you select, and are a great way to try different classes while still meeting requirements. The GE courses allow you to explore new subjects, to try classes at the college level, and to still stay on track for a timely graduation. Students who begin in EXP are taking the same GE classes as students who begin in a declared major.</td>
</tr>
<tr>
<td>Exploring Outside The Classroom</td>
<td>Ohio State offers thousands of opportunities to have fun and explore your interests: joining student organizations, volunteering, shadowing at the Wexner Medical Center, participating in sports, taking on leadership roles... the list is seemingly endless! EXP advisors will help you think about ways to explore majors and careers through these opportunities in addition to your classes.</td>
</tr>
<tr>
<td>Making A Good Decision</td>
<td>EXP advisors have a variety of self-assessment tools to help you figure out and describe your interests, abilities, values and goals. The advisors can also help you determine which factors are important to you in making a decision, what information you need to make a strong and thoughtful decision, and how to research answers to your questions.</td>
</tr>
<tr>
<td>Declaring A Major &amp; Graduating</td>
<td>EXP students usually declare a major sometime during their first year, or early in their second year, and move into every college and department at the university. Students who enter EXP and work with their advisors are also on track to graduate! The four-year graduation rate for freshmen who entered EXP is consistent with the four year graduation rate for students who entered in other majors, and is higher than the four-year graduation rate for students who changed majors after coming to Ohio State.</td>
</tr>
</tbody>
</table>

To learn more about how EXP can help you explore the options and find the major which is the best fit for you, visit exploration.osu.edu, email exploration@osu.edu, or call 614-292-0646 to schedule an appointment with an advisor.
Program Ideas

Strengths Based– utilize Strengths application to academics and careers

Meyers Briggs Typology

Holland Code (The Party)

What’s your true color

Major Fairs– contact ACADAOS (http://acadaos.osu.edu/) to reach out to advisors

Career Connection Workshops

University Exploration Workshops

Major Stereotypes/Society’s definition of Valuable and Productive– is XXX a bad major “I am embarrassed to declare Comm because ANYBODY can do communications and I’m too high achieving for that.”

Tools and Resources for When a Student is in Your Office

https://exp.esue.ohio-state.edu/current-students/what-can-i-do-with-a-major-in

http://exploration.osu.edu/major_options.aspx


http://careerconnection.osu.edu/undergraduates/explore-osu-majors-minors/

Mynextmove.org– this is fairly intuitive to use but if you have trouble, email me and I can send you the assignment instructions we give our students.

Www.advising.osu.edu

The Art of Referring

We understand that often students are hesitant to meet with an advisor in our program because they don’t want to “be officially undecided.” That’s completely okay!

Students don’t HAVE to switch to our unit to meet with us we will work with them without them being in our unit.

On our website we have a prospective student page that includes resources for current OSU students, myths about being undecided, and tools for them to explore on their own.

University Exploration advisors are happy to assist with programming and have a staff member trained to do Strengths Based programming which we’ve then applied to selecting a major.

We also have no problem with contacting a student who you feel like just needs someone to reach out to them. Just send us their email and a brief synopsis of what’s been going on. We contact you guys all the time when we’re concerned about a student’s overall wellness. If you are concerned about their academic wellness you can absolutely reach out to an advising office. If it’s something that we can help with we are happy to. If it’s something that their specific advisor needs to be aware of, we can help you connect the student with that person as well.
What You Hear Them Say and What They Might Mean

**Students struggling with community and inclusion:**

*High school was so easy...now I’m dumb.*

Identity and class averages...we find a lot of students feel a lot of anxiety over where they now rank in class.

Students not used to getting Bs!!!! We have a ton of students come in saying they’re doing terribly and their GPA is a 3.6

Many students lack study skills—Recommend ESEPSY 1259

*Everyone else seems to have it all together.*

*Everyone knows what they want to ‘be when they grow up’ but me.*

Peer Pressure and feeling alone

Generalizing

Don’t want to talk about it because they don’t want to be different

**Students struggling with wellness:**

Swc.osu.edu has 9 aspects of wellness, they include intellectual and career wellness.

*I’m so stressed out*

*I don’t want to go to class*

*I have no motivation*

*Everyone tells me I should be/do/study/take...*

You could maybe ask them what about their academics is stressing them out.

You could ask if they are finding satisfaction with their classes and majors or is this leading them to feeling like their expectations about college aren’t being met.

This causes lack of motivation and feeling of let-down.

Questions about are you feeling external pressure (family, friends, etc) about the value of the majors you are interested in. Career Concerns “what’re you going to do with that” etc.
**Students Struggling Academically:**

*I have to do X major for med/dent/PT*

*I have a graduate/professional goal*

If you could frame a question around ‘are you doing well enough in your classes to be eligible for your major or graduate program that you’re interested in...’ that would lead to some interesting discussions potentially.

*I liked chemistry/physics/bio in high school but not here*

*My classes are boring*

Do you like theoretical or applied subjects? Ex. Chemistry is theoretical study of an academic discipline, food science is chemistry applied chemistry. Political Science is theoretical, Public Affairs is applied. Psychology is theoretical, Higher Education Student Affairs is applied :-).  

Does the student actually know the academic content of the major they’re pursuing? Many business specializations are extremely quantitative, if the student doesn't like number crunching they may not actually enjoy studying business.
Often students will abandon the idea of one major that they are dissatisfied with/having difficulty with and jump to another major. For example, a student might want to switch from Nursing to Dietetics. This is inherently difficult because often the majors have sequenced coursework and competitive admission standards. Knowing which majors are “competitive” can assist in helping a student figure out their new option. It is important to emphasize that competitive does not always mean “Best”.

**Competitive Majors**

*Knowlton School of Architecture*—Larch and Arch are competitive based on portfolio review. City Regional Planning if you have a 2.75 you’re good. If you don’t you have to take CRP 2110 and apply.

*Fisher College of Business*—Need a 3.0 C or better in Math and English and application

*Arts and Sciences*—Communication (gpa and application), Actuarial Science, Computer Information Science (both are gpa only) and Bachelor of Fine Arts programs (College of Arts and Sciences) (portfolio review)

*College of Dentistry/Dental Hygiene*—competitive application

*College of Education and Human Ecology*—SOME but not all majors—gpa and competitive application depending on the major—it’s best to just send student to appropriate info session. Education Teaching Licensures are all highly competitive. [http://ehe.osu.edu/ugss/advising-basics/info-sessions/](http://ehe.osu.edu/ugss/advising-basics/info-sessions/)

*College of Engineering*—currently 2.0 minimum and appropriate classwork, AU14 2.5 minimum and appropriate classwork.

*School of Health and Rehabilitation Sciences*—Competitive Application minimum 2.5 to apply, average 3.4 for acceptance

*College of Nursing*—competitive application, minimum 3.2 to apply, average acceptance closer to a 3.9, C+ or better in all prerequisite coursework

*College of Pharmacy/Pharmaceutical Sciences*—2.75 and appropriate coursework

*College of Public Health*—2.8 and appropriate coursework and competitive application. C or better in prerequisite coursework. Average for acceptance closer to a 3.2

**Non Competitive Majors**

*College of Arts and Sciences*—All other majors except the ones above

*College of Education and Human Ecology*—SOME but not all majors, still a 2.0, just send them to info sessions.

*College of Food, Agricultural and Environmental Sciences*—still a 2.0

    *This includes the school of Environmental and Natural Resources.*

*John Glenn School of Public Affairs*—still a 2.0

*College of Social Work*—still a 2.0

As of 1/23/14
So When Does a Student Need to be In a Major?

It depends on the major...

Variable factors include whether the major has a structured curriculum, Pre-Requisites to apply, application deadlines

Example: Nursing

Pre-reqs of psych 1100, chem 1110, soc 1101, bio 1101, eeb 2520, anatomy 2300, English 1110 and gpa 3.2+ need to be completed before the end of Spring Semester.

Application Deadline is January 15th

Students normally spend their entire first year working on those pre-requisite courses. Once they are admitted to the program there are 3 years of nursing specific sequential courses. If a student enters the program at the end of their sophomore year it is going to automatically turn their degree into a 5 year degree. There is no way to work around the lock-step nature of the major.

Typically if a student is starting undeclared we can get them through the first 2 years of their degree without being in a major, JUST focusing on GE courses with little to no time lost. This varies depending on whether a student is pursuing a competitive major and if they are an honors student. All the honors programs have different requirements so it’s a little trickier. I emphasize that this is for students who begin their academic career undeclared and have been working with an advisor to strategically schedule their classes based on the majors they are considering. Our data is showing that these students are graduating and the same rate as the rest of the university. Students who switch into undecided after their first semester elsewhere and not using strategic scheduling are graduating at lower rates than the rest of the university.