Exercise Science involves the study of structural, functional, and behavioral phenomena related to participation in physical activity and exercise in sport, clinical and community settings.

**Career Areas/Job Titles:**

**Management and Industry**
- Agent
- Camp Director
- Equipment Manager
- Exercise Program Director
- Employee Fitness Director
- Recreation Director/Leader
- Sports Coordinator

**Communication and Media**
- Sport Writer
- Sports Broadcaster

**Publishing**
- Public Relations Specialist
- Health Professions
- Cardiopulmonary Rehab Specialist
- Fitness Instructor
- Exercise Physiologist
- Exercise Test Technologist
- Medical Physiologist
- Personal Trainer

**Strength and Conditioning**
- Coach
- Athletic Trainer
- Physical Therapist
- Sports Dietician

**Education**
- Teacher
- Youth Sports Coach

*Some careers may require licensure, certification, or further education. Talk to an advisor about specific requirements.*

**Transferable Skills:**

- Basic Computer Skills
- Biology Focus
- Human Anatomy Knowledge
- Healthcare Fundamentals
- Facilitating Group Discussion
- Listening Skills
- Provide/Respond to Feedback
- Speaking Effectively
- Use Technology Effectively
- Written Communication
- Motivating Others

- Social Perceptiveness
- Teaching/Instructioning Others
- Teamwork
- Defining Needs
- Developing Evaluation
- Strategies
- Identifying Problems
- Research Skills
- Setting Goals
- Adaptability/Flexibility
- Attention to Detail

- Initiative
- Managing Time/Stress
- Administrative Skills
- Coaching/Mentoring
- Organization Skills
- Planning
- Prioritizing Tasks
- Multi-tasking
- Analytical/Critical Thinking
- Problem Solving

*This is not an extensive list of transferable skills. See larger list of skills you might develop here: [http://ccss.osu.edu](http://ccss.osu.edu)*

**Professional Links:**

- American College of Sports Medicine: [www.acsm-msse.org](http://www.acsm-msse.org)
- National Academy of Sports Medicine: [www.nasm.org](http://www.nasm.org)
- National Board of Fitness Examiners: [www.nbfe.org](http://www.nbfe.org)
- National Exercise Trainers Association: [www.ndeita.com](http://www.ndeita.com)
- Exercise Science Club at The Ohio State University: [http://majors.osu.edu/pdfview.aspx?id=60](http://majors.osu.edu/pdfview.aspx?id=60)