Human nutrition is an integrated discipline focused on the role of diet in the prevention and treatment of disease. Dietetics is a unique combination of the science of food and nutrition, and its impact on quality of life. The program prepares students to translate the scientific principles of food and nutrition into healthy eating practices for various populations. Dietetics requires course work in the fundamentals of food, the principles of food production, cost management in food service, food service sanitation and safety, community nutrition, human metabolism, physical and nutritional assessment and human resources management. Upon completion of the Dietetics program, students are eligible to apply for a Dietetic Internship which is required for the Registered Dietician (RD) license.¹

**Career Areas/Job Titles:**

**Management and Industry**
- Public Relations Manager
- Wellness Coordinator
- Sales Representative
- Publisher
- Counseling Skills
- Food Service Manager
- Writer
- Human Resources Manager
- Nutritionist
  - Health Professions
- Research Analyst
- Registered Dietitian
- Research Assistant
- Product Development Specialist
- Nutritionist
- Communication and Media
- Public Health Nutritionist
- Education

*Some careers may require licensure, certification, or further education. Talk to an advisor about specific requirements.*

**Transferable Skills:**

- Basic Computer Skills
- Written Communication
- Research Skills
- Biology Focus
- Counseling Skills
- Attention to Detail
- Chemistry Focus
- Motivating Others
- Initiative
- Human Anatomy Knowledge
- Social Perceptiveness
- Organization Skills
- Healthcare Fundamentals
- Teaching/Instructing Others
- Prioritizing Tasks
- Facilitating Group Discussion
- Teamwork
- Strategic Planning/Visioning
- Listening Skills
- Defining Needs
- Data Analysis
- Provide/Respond to Feedback
- Developing Evaluation
- Analytical/Critical Thinking
- Public Speaking
- Strategies
- Teamwork
- Problem Solving

*This is not an extensive list of transferable skills. See larger list of skills you might develop here: [http://ccss.osu.edu](http://ccss.osu.edu)*

**Professional Links:**

- The American Dietetic Association: [http://www.eatright.org](http://www.eatright.org)
- The American Society for Nutrition: [http://www.nutrition.org](http://www.nutrition.org)
- The Commission on Dietetic Registration: [http://www.cdrnet.org](http://www.cdrnet.org)
- Global Nutrition Club at The Ohio State University
- Food and Nutrition Forum at The Ohio State University

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¹: [What Can I Do With This Ohio State Major?](http://majors.osu.edu/pdfview.aspx?id=84)